

Grant you full power



Get Coaching[™] framework © Team Sterka www.sterka.team



- 1. Get going
- 2. Get exploring
- 3. Get envisioning
- 4. Get planning
- 5. Get present

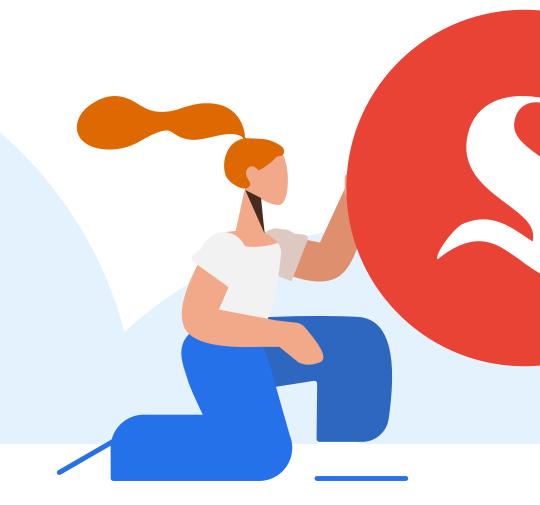
Championing you fully & unconditional

S

Get

Coaching

Create a safe space free from judgement



Be fulfilled

1. Fire-fighting Urgent & immediate challenges

2. Defining the destination

Future-perfect outcomes

3. Plotting a path Remaining on-purpose



Reframe your toughest challenges

Keep you onpurpose

Feel unstoppable